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#### 4 Steps

**1.** When cutting out, cut outside the black lines to make sure you do not change the mask size to make smaller...Larger is better than smaller. With Right Sides together, stitch  $\frac{1}{4}$  inch seams, stitch front curves for 3 different layers. First, 2 of the A layers, the then second set of A layers, then the two B layers.

**2.** Placing seams to the inside, facing one another, stitch across the top and bottom edges of the mask to secure together. Place the B layer inside the A layers. Raw edges will not matter, finishing the edges does not matter, you could serge if you have a serger.

**3.** Cut 2 elastic strips,  $\frac{1}{4}$ " wide and 12" in length. Lay the elastic along the fold line and wrap the raw edges of the sides of the mask around the elastic. Center the length of the elastic so the same amount will stick out of each edge of the ends. Leaving the elastic untied will allow the user to make the elastic adjustable to fit better around the ears. Stitch the c line to the d line and secure all layers of the mask to finish. The elastic should be inside the channel but not stitched. You could put a pin to secure movement.

**4.** Mail to the address below, make as many as you can, but get them in the mail as soon as you can and give yourself a big hug!! You are saving lives!!

**Mail to:** Be sure to mark "Silhouette Patterns" on the outside so that they will accept the package and know they are masks.

**Westchester County Department of Health  
134 Court Street, White Plains, NY 10601**